



University College- Academic Intervention
WEEKLY ACADEMIC SCHEDULE
 110 South Wing • (716) 878-5451

SUN	MON	TUES	WED	THURS	FRI	SAT
	7:00-7:50 AM		7:00-7:50 AM		7:00-7:50 AM	
	8:00 -8:50 AM	8:00-9:15 AM	8:00 -8:50 AM	8:00-9:15 AM	8:00 -8:50 AM	
	9:00-9:50 AM	9:25-10:40 AM	9:00-9:50 AM	9:25-10:40 AM	9:00-9:50 AM	9:00-11:40 AM
	10:00-10:50 AM	10:50–12:05 PM	10:00-10:50 AM	10:50–12:05 PM	10:00-10:50 AM	
	11:00 –11:50 AM		11:00 –11:50 AM		11:00 –11:50 AM	
	12:00-12:50 PM	12:15-1:30 PM "Bengal Pause"	12:00-12:50 PM	12:15-1:30 PM "Bengal Pause"	12:00-12:50 PM	
	1:00-1:50 PM		1:00-1:50 PM		1:00-1:50 PM	
	2:00-2:50 PM	1:40-2:55 PM	2:00-2:50 PM	1:40-2:55 PM	2:00-2:50 PM	
	3:00-4:15 PM	3:05-4:20 PM	3:00-4:15 PM	3:05-4:20 PM	No classes held Friday from 2:50-6:00 PM	
	4:30-5:45 PM	4:30-5:45 PM	4:30-5:45 PM	4:30-5:45 PM		
	6:00-7:15 PM	6:00-7:15 PM	6:00-7:15 PM	6:00-7:15 PM	6:00-7:15 PM	
	7:25-8:40 PM	7:25-8:40 PM	7:25-8:40 PM	7:25-8:40 PM	7:25-8:40 PM	
	8:50-10:05 PM	8:50-10:05 AM	8:50-10:05 PM	8:50-10:05 AM	8:50-10:05 PM	
	10:15-11:00 PM	10:15-11:00 PM	10:15-11:00 PM	10:15-11:00 PM	10:15-11:00 PM	

'Goals are finite! What keeps you going after you've reached a goal? With a sense of purpose and mission, goal setting becomes a vital link between your values and your ongoing behavior.'

-By Ken Blanchard and Susan Fowler Woodring